

# Blueberries and Cream Ice Cream

Servings: 6 servings

## Ingredients

- 1 1/2 cups heavy cream
- 1 cup milk
- 2/3 cup sugar
- 2 teaspoons vanilla extract
- 1/8 teaspoon fine sea salt
- 2 cups fresh or frozen blueberries



4.5 from 2 votes

## Instructions

1. Place all ingredients, except the berries, in the blender and pulse a few times to combine. Add the berries and blend for a minute or two, until the berries have completely broken down into the cream. Pour into the ice cream machine and freeze according to the manufacturer's directions. Serve immediately for soft serve ice cream or transfer to an airtight container and freeze until firm. Enjoy!

Blueberries and Cream Ice Cream <https://barefeetinthekitchen.com/blueberry-ice-cream-recipe/>